



Best of Jamaica

So much more than the homeland of reggae superstar Bob Marley, Jamaica is a land of white sand beaches, native cuisine that gave the word 'jerk' a delicious connotation, an artistic culture that punches well above its weight and a Rastafari culture that truly is a way of life for many. You'll see and hear Rastafari culture on a tour of an indigenous Rastafari village, rest in the refreshing waters of Dunn's River Falls, and swim the azure blue waters of Seven Mile Beach. From cocktails at Rick's Cafe to a traditional dinner with Montego Bay locals, this trip provides plenty of proof Jamaica truly is the "Home of All Right".



YOUR
ADVENTURE
AWAITS

7 days/6 nights

ITINERARY

Day 1: Montego Bay

Welcome to Jamaica! With no activities planned until your important welcome meeting at 6 pm, why not use your free time to immerse yourself in the hustle and bustle of Montego Bay. Hit The Hip Strip, a famous avenue lined with eclectic markets and smoky jerk restaurants. If you arrive early enough you can add in an optional tour of Rose Hall (apx. US\$20) one of Jamaica's most historic plantation homes, and learn about the legend of the 'White Witch of Rose Hall.

The welcome meeting is very important as your tour escort will be collecting important information from you at that time. If you are going to be arriving late we will advise hotel reception so you can join in once you get to the hotel. After your group meeting you'll have a lesson in Jamaican patois (Jamaican Creole), the everyday language used by Jamaicans in conversation. After the lesson you can try out the lingo in your best bad Jamaican accent! Standard English is Jamaica's official language, but it's reserved for professional environments and situations, so get involved and learn the lingo with your new travel buddies.

Day 2: Montego Bay - Negril

En route to Negril, visit a Rastafarian indigenous village. Meet a local guide at the Montego River Gardens and head out across the Montego River. Learn about the tropical plants (including 90 different herb beds), fruit trees and wildlife in the river valley. Continue into the Rastafarian village and straight to the 'ital spice' kitchen to discover more about the Rastafari diet and their unique "ital" food preparation. Meditate while walking the labyrinth following crystal-lined pathways. Enter the music hut to feel the pulsating rhythms of the drummers, then enjoy a traditional vegetarian lunch. Later in the day, visit famous Rick's Café at Negril. Enjoy the seemingly endless white-sand beaches and local flavour. Opt to enjoy an evening cocktail while watching the locals dive from the scenic cliffs. Meals: (B, L)

Day 3: Negril

Spend a whole day enjoying Negril. Do as much or as little as you like- the day is yours for beach time or a number of other activities. Opt to explore the local caves and rocky bluffs. Walk the beach, visit the cliffs, scuba dive, windsurf, parasail or do nothing at all and relax in a hammock. Meals: (B)

Day 4: Negril - Treasure Beach

Travel to Treasure Beach, a secluded piece of heaven on earth. Treasure Beach is not on the average Jamaica tourist's radar, and we hope it stays that way, so the long stretches of beach are all yours to explore. You may opt to visit the seven waterfalls of YS Falls. Meals: (B)

Day 5: Treasure Beach



Spend the day enjoying paradise. Or take an optional river safari to search for dolphins and crocodiles in their natural environment or visit the unique Pelican Bar out at sea. Travel about 10 minutes offshore to await dolphins on their morning swim. From there, head to where the Caribbean Sea meets the Black River and cruise upstream to see the Jamaican crocodile. See how the locals use the river for their livelihood – fishing and shrimping. Afterwards, head to Pelican Bar. This quaint island-in-the-sea lounge is like nothing you’ve ever seen – the setting is on a sand bar about 15 minutes off shore, very idyllic and unique. At Pelican Bar, have lunch, swim and sunbathe. Meals: (B)

Day 6: Treasure Beach - Kingston

Travel to the capital city of Kingston. Visit the Bob Marley Museum or opt to visit plenty of historical sights full of Caribbean pirate lore. While in Kingston, visit the famous Bob Marley Museum to learn about the history of Jamaica’s most famous musician. The museum is located at Bob Marley’s former residence, and you will be walking in his famous footsteps as you hear his unique and impactful story. Fill your time here with as much (or as little) as you please. Tour Port Royal, a 14th-century stomping ground of some of the ‘New World’s’ most infamous pirates. Take a boat trip to Lime Cay or visit the Devon House. With a little more energy, explore Kingston’s famous nightlife, full of reggae music and good vibes. Meals: (B)

Day 7: Kingston

Enjoy a free day to explore. Join an optional tour of a Blue Mountain coffee plantation or check out a nearby market for some souvenirs. Meals: (B)

Day 8: Kingston - Ocho Rios

En route to Ocho Rios, visit a Maroon village. Hike through lush vegetation and into history. Learn the story of the Maroons – runaway slaves who fought against the British during the 17th to 19th centuries. Watch traditional dancing and drumming, and listen to stories, poetry and songs. Find out how to blow an Abeng (cow horn), once used by the slaves to communicate with each other over distances. Visit a secluded river with a number of crystal-clear pools perfect for swimming. Today pays respect to a part of Jamaica’s history often unseen. Learn about their important history in Jamaica before enjoying a Maroon feast with community members. Continue on to Ocho Rios. Meals: (B, L)

Day 9: Ocho Rios

Spend a full free day on this idyllic beach relaxing or opt to climb the stony face of Dunn’s River Falls, bargain for handicrafts at the market, explore Fern Gully in an Amazon-like rainforest, or horseback ride on the beach beside the Caribbean sea. Meals: (B)

Day 10: Ocho Rios - Montego Bay

Travel to Montego Bay where the tour ends on arrival in the late morning. The van will make two stops in Montego Bay— one at the start hotel and one at the airport for those flying out this afternoon. Note: your flight must depart no earlier than 2:00pm today. Meals: (B)

We can assist you with flight reservations and extra nights of accommodation in Montego Bay to work around airline schedules from your home city.

Details

2022 & 2023 Dates:

2022 & 2023 Prices:

From CA\$

Trip Code:

007423 - R15

INCLUDED

- Ten days of guided touring in a private vehicle
- Nine nights of accommodation
- Meals: 9 breakfasts (B), 2 lunches (L)
- Rastafarian village tour with lunch
- Rick’s Cafe visit, Negril
- Beach time in Negril, Treasure Beach and Ocho Rios
- Charles Town Maroon Village experience and hike to a local swimming hole
- Bob Marley Museum entrance, Kingston
- Free time in Negril, Treasure Beach and Kingston
- All transportation between destinations and to/from included activities

NOT INCLUDED

- Airfare to/from Montego Bay
- Meals not indicated (allow approx. US\$210-275)

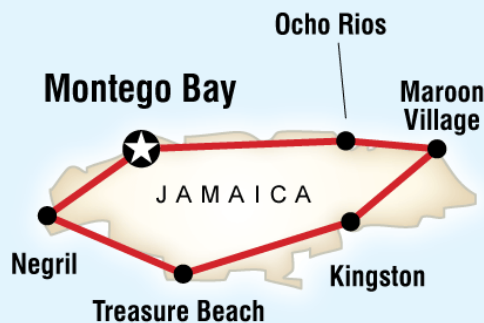


- Gratuities to local guides, at your discretion
- Passport and visa fees, if needed
- Travel Insurance
- Items of a personal nature

TOUR NOTES

Disclaimer: We do our utmost to ensure that information posted on our website is correct at the time of publication, however trip details are subject to change without notice by the suppliers and operators involved. We update the information as soon as possible when changes are advised to us, however, we cannot assume responsibility for such changes made by the suppliers and operators.

ROUTE MAP



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